

# anti-stress

## promotes restful sleep & relaxation

### Product commercial name[s]

Anti-stress tablets

Unstress tablets

### Dosage form

Film coated tablets

### Presentation

Carton containing 30/60/90 blister packaged tablets or  
bottle containing 30/60/90 tablets

### Production code

VP-UNS-051

### Administration

Oral administration: take one to two tablets half an hour before bedtime and 1 tablet during the day for optimal relaxation

### Storage instructions

At all times maintain product in a cool dry place below 25°C

### Composition

Each tablet contains:

Passion flower leaf stem & berry	500mg
Chamomile flower	200mg
Skullcap leaf stem & root	300mg
Hops flower	50mg
Oats seed	100mg

### Indications

Insomnia, restless sleep and nervous tension are common in today's demanding lifestyle. The causes are generally associated with stress, worrying, pain, excessive consumption of tea and coffee, drugs, premenstrual syndrome, menopause, muscle aches and poor nutrition. Vitex's Anti-stress formulation contains a combination of herbal ingredients that promote sound sleep and reduce tension and anxiety. Anti-stress contains Passion flower and Chamomile which are renowned for their relaxant properties and ability to enhance deep and restful sleep. The other herbs in Anti-stress nourish and support the nervous system. Non-addictive, Anti-stress leaves you feeling refreshed and alert and free from the drowsy effects of modern tranquillizers.

### Comments

- Pregnant or lactating women should consult a physician before using this product
- If symptoms persist consult a healthcare professional
- Keep out of reach of children